

OUR SERVICES

Certified Peer Support for Mental Health

- Delivered by women with lived experience in trauma, mental health, addiction, postpartum distress, grief, anxiety, and PTSD
- Daily programming which includes one-on-one sessions, peer-led groups, and faith-based healing circles
- Personalized recovery planning, emotional wellness strategies (journaling, prayer, creative expression), and community mentorship
- Referrals to therapy, relapse prevention tools, and structured recovery resources
- Assisting with daily life needs like housing, employment, and wellness tools
- Bridge the gaps between clinical sessions, between facility discharge and stability, between motherhood and self-identity and between grief and growth

Transitional & Residential Housing ("The Sanctuary")

- Safe, structured housing programs—short-term and long-term—for women in recovery
- Peer-led environments with daily routines, goal setting, and shared responsibilities
- Integration of faith-based rhythms and healing activities, plus support for housing transitions and reunification planning

Sisterhood & Community Empowerment

- Ongoing peer mentorship, connection through monthly gatherings, and community outreach
- Educational workshops: financial literacy, career development, parenting skills, time management, identity and purpose work
- Access to creative, healing-centered spaces rooted in shared lived experience

WHY PEER SUPPORT WORKS

Research confirms what we've witnessed firsthand: peer support changes lives. It provides:

- Reduced relapse and re-hospitalization rates
- Increased engagement and satisfaction in treatment
- Greater housing stability
- Decreased criminal justice involvement
- Stronger social connections and self-worth
- Increased treatment retention

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Let the Journey Begin!

FAQ

Q: Who can receive services at Koko Bella Diamonds?

A: Our services are available to all women, especially BIPOC women who are enrolled in Medicaid or have qualifying insurance coverage. If you're not insured, we can assist you with applying for Medicaid or refer you to other community partners.

Q: Do I need a referral to get started?

A: No referral is required. You can contact us directly. We'll walk you through a brief intake process to see if we would be a good fit.

Q: Are your services available virtually?

A: Yes! We offer both in-person and virtual sessions to meet you where you are, whether at home, in transition, or in need of flexible care.

Q: Is this a faith-based organization?

A: Yes. Our services are rooted in Christ, faith, emotional healing, and holistic care but we support each person's unique beliefs and want everyone to feel comfortable without pressure



You don't have to do it alone. Whether you're navigating anxiety, trauma, grief, postpartum challenges, or just need someone who truly understands—we're here to walk with you.

This is your safe space where your story is seen, your voice is heard, and your healing matters.

The Koko Bella

✉ Info@KokobellaDiamonds.com

☎ Text 614-452-9821




KOKO BELLA
DIAMONDS
The Healing Journey



Where Healing & Faith Collide

Peer Support for Mental Health

Rooted in love, community, and recovery.

Koko Bella Diamonds offers holistic peer support for those dealing with mental health concerns, handcrafted self-care experiences, and safe spaces for transformation.

"You don't have to heal alone. We walk with you."

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About Us

Koko Bella Diamonds is a faith-based, peer-run social enterprise committed to walking alongside women on their journey of emotional, mental, and spiritual recovery. Our mission is to serve women of all ages, ethnicities, and backgrounds, especially BIPOC women and Veterans, who are navigating mental health challenges, substance abuse recovery, trauma, and life transitions. Rooted in compassion, community, and Christ, we offer holistic programs that help women heal, grow, and rise. From peer support sessions and life skills training to transitional housing and wellness-based services, everything we do is designed to help women feel safe, seen, and supported.

The Koko Bella

Our Approach

What makes us different?

- Lived experience with licensed training
- Faith-integrated support options
- BIPOC-centered, culturally competent care
- Spiritual, emotional, and trauma-informed wellness tools
- Care that honors the pace, privacy, and power of each woman's story

BLOOM, ROOTED, RISE

3 PHASES OF RECOVERY

WHAT WE DO

What is Peer Support?

Peer support is the powerful process of giving and receiving non-clinical, person-centered assistance from someone with lived experience of recovery. At Koko Bella Diamonds, our certified peer supporters serve as guides, mentors, and sisters in the journey, helping others navigate mental health challenges, trauma, substance use recovery, grief, postpartum shifts, and emotional distress.

Our work complements clinical treatment, but it doesn't stop at symptom relief. We focus on whole-person healing, supporting long-term recovery, identity rebuilding, and restored purpose.

