



KOKO BELLA DIAMONDS

The Healing Journey



Where Faith & Recovery Collide

Peer Support for Mental Health

Rooted in love, community, and recovery.

Peer support is the powerful process of giving and receiving non-clinical, person-centered assistance from someone with lived experience of mental health or substance use recovery. At Koko Bella Diamonds, our certified peer supporters serve as guides, mentors, and sisters in the journey, helping others navigate mental health challenges, trauma, substance use recovery, grief, postpartum shifts, and emotional distress.

Our work complements clinical treatment as we focus on whole-person healing, supporting long-term recovery, identity rebuilding, and restored purpose.

"You don't have to heal alone. We walk with you."

WWW.KOKOBELLADIAMONDS.COM

Who We Are



Koko Bella Diamonds is a faith-based, Peer-Run Community Behavioral Health Agency committed to walking alongside women on their journey of emotional, mental, and spiritual recovery. Our mission is to serve women of all ages, ethnicities, and backgrounds, especially BIPOC women and Veterans, who are navigating mental health challenges, substance abuse recovery, grief, trauma, and life transitions.

Rooted in compassion, community, and Christ, we offer holistic programs that help women heal, grow, and rise. From peer support sessions and life skills training to transitional housing and wellness-based services, everything we do is designed to help women feel safe, seen, and supported.

The Koko Bella

Our Approach

What makes us different?

- Lived experience with trauma informed training
- Faith-integrated support options
- BIPOC-centered, culturally competent care
- Spiritual, emotional, and trauma-informed wellness tools
- Care that honors the pace, privacy, and power of each woman's story
- Housing provided during recovery journey
- Lead with heart
- Blend of business & wellness
- Celebrate Culture, Creativity and Identity



What is Peer Support?

Peer support is the powerful process of giving and receiving non-clinical, person-centered assistance from someone with lived experience of recovery. At Koko Bella Diamonds, our certified peer supporters serve as guides, mentors, and sisters in the journey, helping others navigate mental health challenges, trauma, grief, postpartum shifts, and emotional distress.

Our work compliments clinical treatment, but it doesn't stop at symptom relief. We focus on whole-person healing, supporting long-term recovery, identity rebuilding, and restored purpose.

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Our Services

Certified Peer Support for Mental Health & SUD Recovery

- Delivered by women with lived experience in trauma, mental health, addiction, postpartum distress, grief, anxiety, and PTSD
- Daily programming which includes one-on-one sessions, peer-led groups, and faith-based healing circles
- Personalized recovery planning, emotional wellness strategies (journaling, prayer, creative expression), and community mentorship
- Referrals to therapy, relapse prevention tools, and structured recovery resources
- Assisting with daily life needs like housing, employment, and wellness tools
- Bridge the gaps between clinical sessions, between facility discharge and stability, between motherhood and self-identity and between grief and growth



Transitional & Residential Housing

- Safe, structured housing programs—short-term and long-term for women in mental health or substance use recovery (alcohol, marijuana, prescribed medication)
- Peer-led environments with daily routines, goal setting, and shared responsibilities
- Integration of faith-based rhythms and healing activities, plus support for housing transitions and reunification planning

Sisterhood & Community Empowerment

- Ongoing peer mentorship, connection through monthly gatherings, and community outreach
- Educational workshops: financial literacy, career development, parenting skills, time management, identity and purpose work
- Access to creative, healing-centered spaces rooted in shared lived experience

Bloom, Rooted, Rise

Program Phases

- **The Bloom Stage: Stabilization & Emotional Grounding** (PHP) A safe space to begin healing, planting the seeds of openness, emotional safety, and spiritual grounding.
- **The Rooted Stage: Skill-Building & Identity Reclamation** (IOP) Deepening emotional, spiritual, and practical resilience. Participants develop boundaries, coping strategies, and a renewed sense of self.
- **The Rise Stage: Empowerment & Leadership** Emerging stronger and spiritually aligned, ready to lead, mentor, and live purposefully in community.

Each stage includes guided journaling, emotional support, and trauma-informed check-ins.

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Why Peer Support Works

Research confirms what we've witnessed firsthand that "Peer support changes lives."

It provides:

- Reduced relapse and re-hospitalization rates
- Increased engagement and satisfaction in treatment
- Greater housing stability
- Decreased criminal justice involvement
- Stronger social connections and self-worth
- Increased treatment retention



Join Us

Whether you're a hospital, mental health provider, faith leader, doula, or community advocate, we welcome you to partner with us. Together, we can build a recovery ecosystem where no woman is left unheard. We accept direct referrals from hospitals, providers, therapists, community health workers, shelters, case managers and more.

What We Value in Our Referral Partners



Thoughtful Referrals & Client Recommendations

We appreciate warm, personal referrals from providers who know their clients well. A simple handoff or introduction helps build trust and increases engagement.



Open Communication & Ongoing Collaboration

We believe in working with you, not around you. Staying in touch about your clients' evolving needs helps us provide seamless, supportive care.



Shared Resources & Community Connections

We're stronger together. We ask partners to share our services with their clients and we gladly return the support by referring clients to trusted programs within your network.



Cultural Awareness & Trauma-Informed Alignment

We prioritize working with partners who understand the unique emotional and cultural experiences of BIPOC women, and who believe in healing that centers compassion, dignity, and choice.



Clear Insight Into Client Needs

Your insight helps us tailor our services to truly support each client. Sharing basic (non-confidential) info like emotional concerns, living situation, or barriers to care is incredibly helpful.



Letters of Support for Growth & Funding

If you believe in the work we do, a letter of support helps us access grants, expand our programs, and reach more women in need.

Referral Information can be found on our website [Click Here](https://www.kokobelladiamonds.com)

Contact Us

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