KOKO+BELLA
Diamonds

PEER SUPPORT

Mental Health Peer Support for Women

What is Peer Support?

Peer support is the powerful process of giving and receiving non-clinical, person-centered assistance from someone with lived experience. At Koko Bella Diamonds, our certified peer supporters serve as guides, mentors, and sisters in the journey, helping others navigate mental health and substance use challenges such as depression, anxiety, PTSD, bipolar disorder, mood disorders, emotional distress, and other behavioral health conditions by building coping skills, strengthening recovery supports, increasing self-advocacy, improving daily functioning, and supporting progress toward individualized recovery goals.

Our work is a complement to your frequent clinical treatment. We focus on the whole-person, supporting long-term recovery, identity rebuilding, and restored purpose.

Our Services

- 1-on-1 & Group Sessions
- Virtual Sessions (In-Person available)
- Recovery Check-Ins
- Wellness & Coping Skills
- Help Navigating Mental Health & Treatment
- Goal Setting & Life Planning
- Supportive Listening & Encouragement
- Resource & System Navigation
- Transition & Discharge Support
- Support during moments of emotional distress (non-clinical)
- Medicaid Billable, Private Pay, HSA/FSA
- and more.....

"You don't have to walk alone. We walk alongside you."

www.KokoBellaDiamonds.com Text 614-452-9821 Info@KokobellaDiamonds.com